

# SANDRA SASSINE



<b>Weapon/Arme:</b>	Sabre
<b>Hand/Main:</b>	Right / Droitière
<b>Born/Née:</b>	28/09/79
<b>Residence/Résidence:</b>	Laval, Québec
<b>Height/Taille:</b>	170 cm / 5'8"
<b>Weight/Poids:</b>	136 lbs / 62 kg
<b>Occupation:</b>	Student / Étudiante
<b>Coach/Entraîneur:</b>	Henri Sassine
<b>Club:</b>	Coeur de Lion, Collège Régina-Assumpta



Sandra started fencing when she was six years old in the village of Chibougamau, Quebec, at a club where seven former Olympians trained. Her father, renowned swordsman Henri Sassine, was her first instructor (her mother was also a national level fencer). After fencing foil until the age of 14, Sandra switched to the sabre in 1999 and has been on the national team ever since. Sandra has won numerous national titles over the years. Sandra loves to compete and is passionate about fencing. Her father remains a constant source of inspiration, and one of her fondest memories in fencing was attending the Canada Games with him. Sandra competed at her first Olympic Games in Beijing, in 2008, where she finished seventh with her teammates in the Women's Sabre – team event. Her next goals are to make the top 16 in the world and compete in the next Olympics. Sandra trains nine to 11 times a week and prefers match training to running. She is currently studying physical education and has participated in various sports such as gymnastics, synchronized swimming, soccer, and badminton. Sandra still enjoys playing badminton and beach volleyball in her spare time. An evening dining out in Montreal with her partner Lu (one of her staunchest supporters) and their friends is a favourite pastime. She is currently completing her studies in physical education at the University of Quebec Montreal campus and is planning to teach at the CEGEP level or eventually own and operate a sports center . She also wants to continue coaching, which she has been doing over the last decade. She envisions the possibility of becoming a national team coach, a position her father has occupied for several years. As the saying goes, "Like father, like daughter!"

**Translation / traduction**

# RECENT RESULTS RÉCENT

Year	Event	Location	Place
<b>SENIOR RESULTS / RESULTATS SENIOR</b>			
2010	Pan Am Championships / Championnats panaméricains	San Jose, Costa Rica	<b>Silver / Argent</b>
2010	Pan Am Championships / Championnats panaméricains	San Jose, Costa Rica	<b>Silver / Argent - team</b>
2010	World Cup / Coupe du monde	La Havane, CUB	<b>7<sup>th</sup>/7<sup>e</sup></b>
2010	North American Cup (NAC)	Virginia, USA	<b>Silver / Argent</b>
2009	World Championships / Championnats du monde	Antalya - TUR	<b>47<sup>th</sup>/47<sup>e</sup></b>
2009	Pan-Ams Championships / Championnats panaméricains	San Salvador - ESA	<b>Bronze - team</b>
2008	Olympic Games / Jeux olympiques	Beijing - CHN	<b>7<sup>th</sup>/7<sup>e</sup> - team</b>
			<b>28<sup>th</sup>/28<sup>e</sup> - ind</b>
2008	Pan-Ams Championships / Championnats panaméricains	Querétaro - MEX	<b>Bronze - team</b>
2008	World Cup / Coupe du monde	V. Leganés-Madrid - ESP	<b>12<sup>th</sup>/12<sup>e</sup></b>
2007	World Championships / Championnats du monde	St-Petersbourg - RUS	<b>9<sup>th</sup>/9<sup>e</sup> - team</b>
			<b>38<sup>th</sup>/38<sup>e</sup> - ind</b>
2007	Pan-Ams Championships / Championnats panaméricains	Montreal, QC - CAN	<b>Silver/Argent - team</b>
			<b>Bronze - ind</b>
2007	Pan-Am Games / Jeux panaméricains	Rio de Janeiro – BRA	<b>Bronze – team</b>
			<b>Bronze - ind</b>
2007	Team World Cup / Coupe du monde par équipes	Las Vegas - USA	<b>8<sup>th</sup>/8<sup>e</sup></b>
2007	World Cup (Grand Prix) / Coupe du monde (Grand Prix)	Las Vegas - USA	<b>13<sup>th</sup>/13<sup>e</sup></b>
2006	World Championships / Championnats du monde	Turin - ITA	<b>59<sup>th</sup>/59<sup>e</sup></b>
2006	Pan-Ams Championships / Championnats panaméricains	Valencia - VEN	<b>Silver/Argent - team</b>
2006	Commonwealth Championships / Championnat du Commonwealth	Belfast - IRL	<b>Gold/Or</b>

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